

FORMA: EXTRA TV

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Lauren Kitt-Carter Tells Extra TV How She Keeps Her Skin Glowing

31-year-old fitness/fashion model and star of reality show “I Heart Nick Carter”, Lauren Kitt-Carter reveals her secret to maintaining younger, tighter skin. Lauren works hard to keep her body in perfect shape, but admits that she struggles with acne and sagging skin on her face.

Extra TV follows Lauren to the cosmetic dermatologist’s office for a Forma treatment. This procedure uses radiofrequency heat to lift and tighten skin, continuing to improve skin elasticity for weeks following the treatment.

View Video: <http://vimeo.com/116769279>

Forma stimulates the production of new collagen, restoring youthful volume to the face. In just 3-5 sessions, patients can turn back the clock. There is no anesthesia, no cutting and no downtime.

31 is indeed still young, but experts like Dr. William Schweitzer say that is never too early to start taking preventative measures. Taking care of your skin from an early age gives you a head start in the race against time.

EXTRA