

# Newest Trends in Tightening on NBC Miami



## NBC News – Miami

Dr. Haideh Hirmand, a New York board certified plastic surgeon, discusses different options for people who are looking into plastic surgery.

“Back in the old days, women had to go under the knife for a face lift.” Surgery and non-surgical technologies are being combined to give the best results. Rather than replacing one for the other, the advantages of both

are combined for optimal patient satisfaction.

She sees big trends in body tightening, skin tightening, and fat melting, including radio-frequency procedures: **Fractora Firm** and **Fractora Plus** for the face and body. These new innovations go under the skin to create collagen and firm everything up.



Watch Video: <http://www.youtube.com/watch?v=eAybv6Ntlk>